

BUCKET LIST

MEANINGFUL AND INSPIRATIONAL

INSTRUCTIONS: Bucket List Overview

- REVIEW CORE VALUES
- CHOOSE IMPORTANT CATEGORIES
- CELEBRATE WHAT YOU HAVE ALREADY ACCOMPLISHED
- START WRITING BUCKET LIST
- CREATE A BUCKET LIST JOURNAL
- EXTRA: REVIEW EACH ITEM- INSPIRATION, GOAL DATE, WHAT IT WOULD BE LIKE TO DO IT
- JOURNAL ABOUT BUCKET LIST EXPERIENCES AND RECORD DATE ACCOMPLISHED
- REVIEW BUCKET LIST QUARTERLY OR ANNUALLY- MAKE CHANGES AS YOU CHANGE
- REVIEW BUCKET LIST ANYTIME YOU WANT TO BE INSPIRED AND MOTIVATED
- LIVE IN THE NOW BUT HAVE A VISION FOR THE FUTURE