



Plan + Inspired Action = Prosperity/Profits

"Destiny is not a matter of chance, it is a matter of choice; it is not a thing to be waited for, it is a thing to be achieved." William Jennings Bryan

Fill in this worksheet doing the best you can, but don't overthink. Submit to sheri@sherikayehoff.com at least 24 hours prior to your 30 minute planning session.

1. List ten accomplishments or wins that you have completed already this year
2. List concerns (blocks, frustrations, obstacles).
3. How have you tried to transcend or overcome your concerns? What worked? What is not working?



4.How do you define success in your life?

5.How do you define Happiness?

6.What are your Passions? Do you include your passion in your business?

7.Who do you serve in your business? How do you serve your clients in your business? Has this changed over time?

8.What makes you unique in your biz? What is your vision statement?
Mission Statement?



9. My Business goals: top 10 (Include a Profit Goal)

10. My personal goals: top 10

11. Prioritize: What are your top two personal goals and top two business goals

12. What would it look like for you if you knew in your heart of hearts that you could achieve your goals?

13. What do you need to do in terms of cash flow/clients each Month to achieve your goals? Each Day?



14. What is your mantra or slogan you live by?

15. List at least five of your favorite quotes and books that will keep you motivated throughout the year.

16. Create at least two paragraphs of a visualization... it is Jan 1 2020, of a new year and you are looking back over the 4th quarter of 2018 and all of 2019 and describe how the year has been with all of the feelings, colors, smells, touch, etc... as though you have already achieved everything.

Powerful dreams inspire powerful action. – Jonathan Lockwood Huie